* Hyper shift - Looking at things from someone else’s perspective
* The more perspectives we embrace the better we can understand the situation.
* Challenge the things that you believe are truth

De Bono's Six Thinking Hats is a powerful technique for looking at decision making from different perspectives.

It involves six distinct types of thinking, which you can do on your own or with your team. Each thinking style is represented by a different hat:

**Blue Hat:** organization and planning – manage process, next steps, action plans

**Green Hat:** creativity, solutions, alternatives, new ideas

**Red Hat:** feelings, hunches, instinct and intuition

**Yellow Hat:** benefits and values, why something may work

**Black Hat:** risk assessment – difficulties, potential problems, why something may not work

**White Hat:** information gathering – data, facts, information known or needed

By "wearing" each of the Six Thinking Hats in turn, you can gain a rich understanding of the issues you face – and the best ways forward.